March LIBRARY EVENTS FOR ADULTS

Abita Springs 893-6285 Bush 886-3588 Causeway 6<mark>26-9</mark>779 Covington 893-6280 Folsom 796-9728 Lacombe 882-7858 Lee Road 893-6284 Madisonville 845-4819 Mandeville 626-4293 Pearl River 863-5518 Slidell 646-6470

South Slidell 781-0099



CONTROL Voulting

www.sttammanylibrary.org

* Register online at sttammanylibrary.org/adult-programs or call the hosting library branch.

Registration opens thirty days before the event

* Seating space is limited to adults 18 and older.

* Events are free and open to the public.

ABITA SPRINGS BRANCH

4-5:30 P.M. Raised Bed Gardening

CAUSEWAY BRANCH

10 6:30-7:45 P.M. Set For Life

4, 18, & 25 10-11 A.M. Tai Chi

25 6-7:30 P.M. Climate Change

COVINGTON BRANCH

2, 9, 16, 23, & 30 6:30-7:30 P.M. Beginner Ukulele

6-7:30 P.M. The Importance of Pollinators

4, 11, 18, & 25 10-11 A.M. Floor Yoga

4 6-7:30 P.M. Starting From Seeds

16 2-4 P.M. Jewelry Making with Darlene

19 6-7:30 P.M. Painting with Rika

20 10-11 A.M. Understanding Census Records

25 1-2 P.M. Genealogy Classification

27 12-1:30 P.M. Author Talk with Ashton Lee

FOLSOM BRANCH

2 1-2:30 P.M. Coloring Time

5, 12, 19, & 26 | 1-2 P.M. Chair Yoga

27 1-2:30 P.M. Recipe Swap

LACOMBE BRANCH

11 6-7:30 P.M. Scrabble Night

19 11:30-1 P.M. Card Making with Judy

MADISONVILLE BRANCH

2, 9, 16, 23, & 30 | 11:15-12:15 P.M. Floor Yoga

MANDEVILLE BRANCH

17 10-11:30 A.M. Dabble in Scrabble

PEARL RIVER BRANCH

3 5-6 P.M. Ask Your Master Gardener

SLIDELL BRANCH

14 3-4:30 P.M. Japanese Dance

16, 23, & 30 6-7:30 P.M. Social Media Basics

17, & 24 5:30-7:30 P.M. Beginner Quilting

17 6-7 P.M. Ask Your Master Gardener

28 10:30-12 P.M. Set for Life

SOUTH SLIDELL BRANCH

4, 11, 18, & 25 1- 2 P.M. Chair Yoga

6, 13, 20, & 27 10 -11 A.M. Floor Yoga

Adult Program Descriptions

Ask Your Master Gardener- Open question and answer sessions with St. Tammany Louisiana Master Gardeners.

Author Talk- Do you love to read cozy mysteries? Author Ashton Lee discusses his cozy mystery series and the cozy genre.

Beginner Ukulele- Learn basic chords, how to tune your instrument and beginner songs. Participants must bring their own ukulele and purchase an instruction book. All classes are part of a series and must be registered for all at once.

Beginner Quilting- Learn the basics of quilt cutting and sewing techniques. Make four basic quilt blocks for a pieced table runner or centerpiece. Participants will be required to bring their own fabric, sewing machine, cutters, mats, and quilting rulers.

Card Making with Judy- Join card maker Judy Seals as she leads a class in designing cards for all occasions! All supplies provided.

Chair Yoga- Meditate and be zen at library chair yoga. This low intensity yoga is great for people with limited mobility or other health issues and focuses on breathing and stretching to achieve total wellness.

Climate Change- Gerard Ballanco, a retired pediatrician and active gardener, looks at climate change. What's the scientific evidence? Should we worry? Do we need to do anything?

Coloring Time- Coloring fosters wellness, quiets the mind and also stimulates brain areas related to motor skills, the senses and creativity. All materials provided or you can bring your own.

Floor Yoga- Relax and reduce stress with basic Yoga. Bring your own mat and wear comfortable clothing.

Genealogy Classification- You'll learn how to use the library's new and intuitive classification scheme, get a quick overview of the types of materials available in the print collection, learn how to read the new call numbers, and get tips and tricks on how to search the library's catalog for genealogy materials.

Importance of Pollinators- St. Tammany Parish Master Gardener, Barry Peirce, will discuss the importance of pollinators in our lives.

Japanese Dance- Japanese Consulate recognized instructor, Sugai Barker, teaches this introduction class to all skill levels.

Jewelry Making with Darlene- Darlene Dufour teaches how to make your own stunning jewelry, perfect for any occasion.

All materials provided.

One of a Kind Cards- Instructor Kathy Marquar designs one of a kind, handcrafted cards perfect for every occasion. All supplies provided.

Painting with Rika- Paint your own Louisiana themed, pre-sketched canvas with Rika. All materials provided.

Paper Quilling- Liz Hilby designs a cute and crafty paper quilling project that will brighten up your day. All materials provided.

Raised Bed Gardening-Learn the benefits of raised bed gardening and how to create the perfect look for your yard with the St. Tammany Master Gardeners.

Recipe Swap- Love cooking and want to share your favorite recipes with the community? Join a new recipe swap group at the Folsom branch to discuss your much loved food favorites.

Scrabble- Relieve stress, increase your vocabulary and meet fellow wordsmiths!

Set for Life- Maurice and Marc discuss the intricacies of money management and fiscal planning for baby boomers and senior citizens.

Social Media Basics- Social Media Basics will cover of opening a first social media account, safety and security concerns, and how to use social media in business.

Starting From Seeds- Get ready for spring gardening! Learn the art of starting plants from seeds with Gerard Ballanco.

Tai Chi- Tai Chi has is a graceful form of exercise that is used for stress reduction and a variety of other health conditions. Bring water and wear comfortable clothing. All skill levels welcome.

Understanding Census Records- This presentation, designed for beginners, will introduce you to historical census records, discussing what types of data the census has collected and how that has changed over time.