

Resources for Hurricane Ida Recovery

Compiled by the Reference Staff

This document will be updated as new information becomes available. Please check back periodically.

Hurricane Ida News and Updates

- -<u>St. Tammany Parish Government</u> http://www.stpgov.org/storm: Find a list of current road closures, power outage maps, and recovery updates by Parish President Mike Cooper
- -<u>WWLTV</u> https://www.wwltv.com/article/weather/hurricane/st-tammany-parish-power-roads-hurricane-ida: Provides updates on power, water, and road closures in St. Tammany
- -<u>State of Louisiana Hurricane Updates</u> https://hurricanerecovery.la.gov: Information about statewide Hurricane Ida recovery efforts and resources provided by the governor's office
- -FBI New Orleans Warns about Hurricane-Related Fraud https://www.fbi.gov/contact-us/field-offices/neworleans/news/press-releases/fbi-new-orleans-warns-about-hurricane-related-fraud-1?fbclid=IwAR1667BAi2edV3IW5nLj6hB8IXoTb8IP4QQ9USHYx0YO4HM9mmbxygFu7r0: Tips and reminders from the New Orleans office of the FBI regarding fraud and scams related to hurricane recovery, assistance, and charities

Food Assistance and Supplies

- -<u>FEMA PODS (Point of Distribution Sites)</u> http://www.stpgov.org/residents/news/item/5206-pods-open-in-slidell: Provides 2 MRE's, 6 bottles of water, and a bag of ice for every person in the vehicle. Will be open 8 a.m. to 6 p.m. until St. Tammany Parish is no longer in the recovery phase. Available at Fritchie Park in Slidell and First Baptist Church in Covington
- -<u>Businesses Open in St. Tammany</u> http://www.stpgov.org/open: A list of local businesses open in St. Tammany. Includes grocery and hardware stores, restaurants, and gas stations. The list is incomplete. Please call before visiting a business as hours and supplies may be limited
- -<u>Disaster SNAP</u> http://www.dcfs.la.gov/page/dsnap-registration: Learn how you can preregister and apply for SNAP benefits to buy groceries or <u>hot foods</u>. Benefits will last about one month.

- -<u>City of Slidell Facebook Page</u> https://www.facebook.com/cityofslidell: The city of Slidell is posting acts of generosity, such as restaurants, churches, and nonprofit groups providing free meals or cooling stations, as well as updates on Hurricane Ida recovery efforts in Slidell.
- -Gas Buddy https://www.gasbuddy.com/home: Find which gas stations have gas, are open, and current gas prices. Please note that the supply of gas may be limited due to Hurricane Ida
- -<u>#OpenNOLA by WWLTV</u> https://www.wwltv.com/article/weather/hurricane/opennola-heres-whats-open-hurricane-ida/: A regularly updated list of open grocery stores, gas stations, hardware stores, restaurants, and ATMs
- -<u>Disaster Unemployment Assistance</u> https://www.laworks.net/: File a claim for disaster unemployment benefits. Learn more https://www2.laworks.net/Downloads/PR/DUAFAQs IDA 9121.pdf
- -Emergency Prescription Assistance Program

https://www.phe.gov/Preparedness/planning/epap/Pages/default.aspx: prescription access assistance for uninsured individuals in federally identified disaster areas, as well as a list of pharmacies where claims can be filed for such assistance

Housing and Repair Resources

- -<u>FEMA Disaster Assistance</u> https://www.fema.gov/disaster/4611#local-resources OR CALL 1-800-621-3362 6AM-10PM seven days a week: Apply for disaster assistance with FEMA. Types of assistance may include temporary shelter or housing, disaster unemployment, disaster legal services, and more
- -Red Cross Shelters https://www.redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html: Find an open shelter. Red Cross shelters may supply a place to sleep, some food, disaster related first aid, information about disaster resources, and emotional and mental support services
- -<u>DCFS Evacuation and Shelters</u> http://www.dcfs.la.gov/page/evacuations-and-shelters: Find up to date shelter information by texting LASHELTER to 898-211 or call 211 for statewide drive up shelters
- -<u>Operation Blue Roof</u> https://arcportal-ucoppartners.usace.army.mil/usaceportal/apps/sites/#/usace-blue-roof-online-signup: U.S. Army Corps of Engineer contractors will provide some roof repair services or a tarp free of charge. Call 888-766-3258 for assistance
- -Boil Water Advisories https://ldh.la.gov/index.cfm/page/963: Get up to date information about water outages and boil water advisories from the Louisiana Department of Health

- -Generator Safety https://www.cpsc.gov/s3fs-public/Hurricane%20Safety%20trifold%20082818 0.pdf: Get tips on how to safely use a portable generator
- -Repairing and Rebuilding After a Disaster Guide https://fema.connectsolutions.com/lamit: Learn how to start the cleanup process, file a flood insurance claim, and more in this handy guide created by FEMA
- -<u>Small Business Administration Disaster Loans</u> https://www.sba.gov/funding-programs/disaster-assistance: Provides low interest loans to homeowners and business owners. May be useful for homeowners for losses not covered by their insurance policy or by FEMA. Business owners may use the loan to help cover operating expenses

-DIY Recovery Series

https://www.sba.gov/funding-programs/disaster-assistance: Created by Louisiana's Community and Technical Colleges, this video series provides information on how to rebuild or restore your home. The videos cover drywalling, installing tile, and safety tips.

Mental Health Resources

-Office of Behavioral Health: Keep Calm Line

https://ldh.la.gov/index.cfm/newsroom/detail/5492: This phone line was established by the Louisiana Department of Health's Office of Behavioral Health to provide counseling during this time of increased stress and anxiety. Trained counselors are available around the clock and free of charge to help provide information and link callers to mental health services. Contact the Keep Calm Line at 1-866-310-7977.

-Behavioral Health Recovery Outreach Line

https://ldh.la.gov/index.cfm/newsroom/detail/5643: Louisiana Department of Health's Office of Behavioral Health established this pre-crisis phone line to help Louisianians prevent mental health crises. Trained specialists and clinicians are available around the clock. Contact the Behavioral Health Recovery Outreach Line at 1-833-333-1132.

-SAMHSA Disaster Distress Helpline

https://www.samhsa.gov/find-help/disaster-distress-helpline: The Substance Abuse and Mental Health Services Administration's disaster distress hotline provides around the clock help to those who are experiencing emotional distress related to natural or human-caused disasters. Call or text 1-800-985-5990 to be connected to a trained crisis counselor. Spanish-speakers can press 2 upon calling for bilingual support. 3rd party interpretation services are available for other languages, just tell the responding counselor your preferred language and they will connect you to an interpreter.

-Louisiana 211

https://www.louisiana211.org/: This statewide network provides information about critical health and human services available in their community, including crisis intervention, support groups, and other mental health services. It can be reached by dialing "211."

-NAMI Louisiana

https://namilouisiana.org/: The Louisiana division of the National Alliance on Mental Illness, a nonprofit organization, provides mental health programs, education, and more. Visit their website or call (225) 291-6262 for more information. Their crisis helpline can be accessed by dialing 1-800-273-8255.

-National Suicide Prevention Lifeline

https://suicidepreventionlifeline.org/: This nation wide suicide prevention network provides assistance to those in suicidal crisis or emotional distress. Call them at 1-800-273-8255 (veterans press 1) or chat with them online at https://suicidepreventionlifeline.org/chat/.

• En Español: 1-888-628-9454

• Deaf/HoH: TTY 1-800-799-4889

-Crisis Text Line

https://www.crisistextline.org/: This mental health support and crisis intervention network operates through text message rather than through phone calls. To get connected to a crisis counselor, text "REACHOUT" to 741741. WhatsApp and Facebook Messenger options can also be found on their website.