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LOUISIANA AUTHOR TO PRESENT “LIFE IN THE A-ZONE” AT ST. TAMMANY PARISH LIBRARIES

COVINGTON, LA – Louisiana author, actress and speaker Peggy Sweeney-McDonald will present on her memoir, *Life in the A-Zone: How I Embraced the Journey with My Mother’s Alzheimer’s—One Pink Cloud Moment at a Time*, at the Slidell and Causeway libraries next month. These programs will also feature local Slidell artist and designer Jackie Begue.

Sweeney-McDonald will share her personal journey caring for her mother through Alzheimer’s and the unexpected moments of grace she calls “Pink Cloud Moments.” Her talk explores how love, faith, and resilience can emerge even during life’s most difficult seasons.

Event Dates:

- **April 28** from 6 to 7:30 p.m. at the [Slidell Branch](#) (555 Robert Boulevard, Slidell, LA)
- **April 29** from 6 to 7:30 p.m. at the [Causeway Branch](#) (3457 Highway 190, Mandeville, LA)

Patrons can visit sttammanylibrary.org/events to register for these events or visit sttammanylibrary.org/AuthorTalks to view all upcoming Author events.

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The St. Tammany Parish Library has been serving the citizens of St. Tammany Parish for over seventy years. Our twelve branches offer over 542,000 loanable items including books, CDs, DVDs, audiobooks, and magazines. The library's website offers 24/7 access to downloadable audio and e-books, music downloads, research tools, magazines, and newspapers. Our programs and services are designed to meet residents' cultural, informational, educational, and recreational needs.